## **Abstract**

A swaddling blanket to alleviate colic has a back panel long enough to support a child from neck to feet, a leg pouch to loosely contain the child's legs, arm restraints to hold the child's arms against and parallel to the child's torso, a tapered short blanket arm to wrap over the child, and a tapered long blanket arm to wrap around the child more than once from the opposite direction to provide comforting pressure around the child's arms and torso.